



People Empowering People (PEP) Program

The GECC is planning to bring a program to Granby for parents entitled “People Empowering People” (PEP). The PEP Program is an innovative **life skills program** created and coordinated by Cheryl Czuba, UConn Cooperative Extension Educator. The PEP program is for adults and older teens and is designed to build on the unique strengths and life experiences of participants, and emphasizes the connection between individual and community action. You can go to the UCONN web site at www.pep.uconn.edu to get more information about the program.

The 2 day PEP facilitator training is offered several times a year in Haddam. The next training will be offered in early March. Then, the community's trained facilitator offers the PEP program right in Granby, once a week for 10 weeks. A (Train- the-Trainer) two day training covers all aspects of getting PEP up and running - recruitment is included. The PEP facilitators are the ones who attend the training.

If you are interested in either becoming a facilitator for the PEP Program in Granby, or have interest in participating in the 10 week PEP Curriculum, please contact:

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THANK YOU FOR YOUR INTEREST !