



WORKSHOP EVALUATION

November 11, 2008

Workshop Topic: “Weaving Nutrition and Delicious Foods Into Literacy” by Bonnie Quinlan

During this workshop session, I learned:

- “I appreciate the useful list of books name she provided”
- “Great new books”
- “Big Y field trips, websites. Orange food @ Halloween instead of candy
- “Some new books to try”
- “Websites and some books that incorporate food/nutrition”
- “about one new website”
- “Many books that I can use for teaching about fruit and vegetables.”
- “About how to enhance my curriculum by exposing the children to vitamins such as A, C, D, K through discussing fruits and veggies- this will also be a fun way to continue to exposure to the alphabet.”
- “There are many ways to introduce fruits and vegetables”
- “About different book titles regarding healthful eating that are available.”
- “More ideas for classroom activities”
- “Different approaches to helping children try new things, especially veggies.”
- “Sources like books to promote food literacy. Liking games about food.”
- “Some interesting ideas about curriculum connections.”

The most useful part of today’s workshop session for me was:

- “Even though it is common sense, it is a great idea to match names with picture colors like yellow/bananas.”
- “Group discussion (learning from each other)”
- “Websites, new book titles”
- “Some new activities for a class room tasting exotic fruits and veggies”
- “I am reminded about the importance of using literature that explores nutrition.”
- “Talking about all the wonderful books I can use to teach in my class about nutrition”
- “New literature and web ideas that I can use to enhance my curriculum.”
- “Different books are out there to help teachers.”
- “Reinforcing my knowledge.”
- “The books I can use in the classroom- many books I am not familiar with.”
- “Hearing about others experiences and having some of my lessons validated.”
- “Sources like books to promote food literacy. Liking games about food.”
- “web info”

Did this workshop offer you hands-on information to help prepare your child for academic success and life-long learning? (Please explain how)

- “yes, description of pyramid/ color/ fruit match”
- “Field trip to Big Y”
- “Any workshop will increase my ability to teach”
- “Somewhat”
- “No”
- “Yes”
- “Yes”
- “Yes new approaches are always helpful.”
- “Yes”
- “Again info interesting enough to pass on to daughter-in-law for grandchildren.”

Here is what I plan to do as a result of today’s workshop:

- “Read some new books to the kids”
- “Go on websites and talk to Big Y”
- “Utilize grocery shopping for more of a learning experience. More discussion at meals and meal prep”
- “Explore more ideas related to food and science”
- “I plan on making a food pyramid with newspaper flyers and visiting the grocery store.”
- “I am going to buy some of the books presented and also make the color coded picture and word cards to enhance the written word exposure.”
- “Introduce nutrition into the classroom”
- “Visit amazon.com and adding to my personal library of books.”
- “Include activities and books presented in my curriculum.”
- “Bringing out new books, taking a more creative approach to meals.”
- “Go to website, find more books, make games”
- “Share some ideas with my grandchildren”

I still have questions or concerns about:

- “Childhood obesity”
- (Perhaps a different workshop) How different foods and food preservatives can affect children's behavior (what specific foods)
- N/A
- “None”

I would like to share with the trainer(s) the following suggestions/comments:

- “Great job Bonnie!”
- “More visuals for presentation, handouts of food pyramids/activities for home/ or recipes on how to sneak in nutrients.
- “Perhaps a Power Point with visuals other than books, foods that were discussed-unusual fruits- recipes, ideas related to literacy-writing workshop title.”

- “Nice Job!”
- “Maybe a little more interaction with group and slowing down. Very interesting though.”
- “From today’s presentation, could add (to curriculum) social studies as to origin of fruit and veggies”

In the future, would you be willing to pay a fee for a similar workshop? _____Yes _____No
If yes, please indicate the amount you feel would be reasonable for the GECC to charge:

_____ **\$ 5.00 to \$10.00**

_____ **\$10.00 to \$15.00**

_____ **\$15.00 to \$20.00**

- Yes \$10.00-15.00
- Yes \$ 5.00- 10.00
- Yes \$ 5.00
- Yes \$ 5.00 It depends on presenter and topic
- Dependent upon presenter
- No
- Yes \$10.00-15.00
- Yes \$ 5.00
- Yes \$ 5.00 10.00
- Yes \$5.00-10.00
- Yes \$5.00-10.00
- Yes \$10.00-15.00